

Harness Sizing Chart

Select the size that most closely matches your measurements for where you prefer to wear the harness, high at the waist or lower around the hips.

Men's	XS-S	S-M	M-L	L-XL	XL-XXL
Waist	24" - 30" 61cm - 76cm	28" - 34" 71cm - 86cm	32" - 38" 81cm - 96cm	36" - 42" 93cm - 106cm	40" - 48" 102cm - 122cm
Women's	XS-S	S-M	M-L	L-XL	XL-XXL
Waist	25" - 27" 63cm - 68.5cm	26" - 29" 66cm - 73.5cm	28" - 32" 71cm - 81cm	31" - 35" 78.5cm - 89cm	34" - 38" 86cm - 96.5cm
Hips	35" - 38" 89cm - 96.5cm	37" - 40" 94cm - 101cm	39" - 43" 99cm - 109cm	42" - 46" 106.5cm - 116.5	45" - 49" 114cm - 124.5cm